



SMOOTHWATER OUTFITTERS & LODGE

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Packing Checklist

(spring / summer)

TRIP DAYWEAR

This is what you need available while you canoe and portage (some items are optional).

- 1 T-shirt (preferably synthetic or silk)
- 1 Lightweight pullover (fleece, cashmere or wool. NOT cotton.)
- 1 Long, button-front shirt to wear over T-shirt (preferably synthetic)
- 1 pr. Long pants (synthetic, 'quick-dry' are recommended)
- 3 pr. Underwear
- 1 pr. Wool socks (at least 60% wool, NO cotton)
- 1 Bathing suit and water shoes for swimming
- 1 pr. Footwear with good support. Examples include low cut hiking shoes that will dry quickly (preferably not leather). Sport sandals are not acceptable for portaging but can be used as camp or water shoes.
- 1 Rain jacket (Goretex is excellent). This will be also used for wind protection.
- 1 pr. Rain pants
- 1 Sun hat with wide brim, (avoid baseball cap, which exposes neck and ears)
- 1 Bug protection -repellent or jackets (bug jackets are available for rent at SW.)

CAMPSITE WEAR

In addition to your daywear, this is what you will need each night when you arrive at camp (some items are optional).

- 1 Warm long sleeve shirt (flannel or wool is good)
- 1 pr. Long pants (fleece or light wool recommended)
- 1 Fleece over-jacket
- 2 pr. Underwear
- 2 pr. Wool socks (at least 60% wool, no cotton)
- 1 pr. Sturdy shoes or runners (sport sandals okay at campsite)
- 1 Down or fleece vest (optional)

- 1 Toque (optional, but recommended)
- 1 pr. Sleepwear
- 1 pr. Long underwear (polypro or silk)
- 1 Sarong or lightweight towel (We recommend sarongs as a multi-purpose item to use as beach towel and cover up. Sarongs dry quickly and pack small.)

NOTE: We recommend the layering system for clothing when participating in outdoor adventure activities. Polypro is best next to your skin, fleece or wool for outer layers. You add and subtract clothing according to conditions and your activity level. Cotton should be avoided for adventure clothing, as it performs poorly when wet and dries slowly. Synthetic fabrics perform well. **DO NOT** bring denim jeans for the canoe trip. A good quality waterproof rain jacket with hood is essential. Day clothing and shoes will get wet. You must not wear your dry camp clothes and shoes while paddling. Camp clothing is to be worn at the campsite only, thus ensuring that you always have a complete set of dry clothing for the end of the day. The amount of optional camp clothing you pack depends on your comfort level in weather that may be cool and windy.

PERSONAL EQUIPMENT

Sleeping bag (with compression-style stuff sack). *Smoothwater will provide if requested as part of complete outfitting.*

Sunglasses

Flashlight (also available for purchase at Smoothwater)

HYGIENE KIT

***All items should be in small sizes.**

Biodegradable soap

Toothbrush and paste

Hand cream

Lip balm

Sunscreen (SPF 20+)

Feminine supplies

Bring your own personal medications

Optional

Binoculars/Camera (neither of these items should be expensive as they may become wet or damaged)

Book/Journal

Pocket knife

Fishing rod and tackle (kits should be small). Those wanting to fish will be required to purchase a license (must be done in person, in the town of Temagami).



Temagami wilderness experiences to nourish body and soul